

Recovery in the Lifestyle

General Services Committee
Conference Call Minutes
February 4, 2012



Phone Meeting: Aarkey, Bart, MJ, Johanna, Mags, Stormy, Lisa

Purpose: 1) To discuss creation and methodology and business of a General Services Committee for the Recovery in the Lifestyle fellowship. 2) To discuss fellowship general business (*time allowing.*)

Item A: Suggestions about the Creation of "General Services"

1) Guidelines for meeting format (*Approved Unanimously*)

1a) Format System: Robert's Rules of Order : <http://www.robertsrules.com>

1b) All motions to be presented must be sent to the agenda at least 24h prior to meeting. Additional items maybe be motioned if time allows at the end of the agenda as "new business."

1c) Allow for two minutes sharing per person, per motion and discussion.

2) Frequency of GS-RitL meetings (*Approved Unanimously*)

2a) Quarterly, 90 minutes schedule limit.

3) Guidelines for Service Representatives (*Approved Unanimously*)

3a) Actively attends local RitL Community

3b) 2 year commitment to service as a General Service Committee Representative (*GSCR*)

3c) 2 years in recovery

4) Methodology for reporting business meetings (*Approved Unanimously*)

4a) PDF format to be mailed out to all participants, and RitL members "at large" for approval.

4b) PDF format of minutes will be posted to the website, and mailed out again to all participants & at large members, after minutes approved by *GSCR* members.

The "At Large" list of RitL members at present is:

Chicago: slave evangeline - slave.evangeline@yahoo.com

Washington DC: Kat G. - purple12362@yahoo.com

Los Angeles: Mistress Melissa - depechemel@gmail.com

N.Carolina: Triad - hseofzengzchang@inbox.com

Ohio: Dan - chg2winter@gmail.com

New York City: Raj - imonfire14@yahoo.com

Vancouver, Canada: Ms Jewels - msjewels1234@gmail.com

(NOTE: The at large, list and all e-mails will not be on website PDF file for privacy purposes)

Item B: Discussion of GS-RitL Operations

1) Discussion of Actual Expenses: (*Approved Unanimously*)

1a) Operating Costs: Website Annual Cost: \$20 hosting & domain & \$30 domain privacy. Marked for initial contribution funds to fellowship.

1a1) Link to be added to website for 7th Tradition contribution (*with specific wording explaining the need for adherence to our 7th tradition of self-supporting for RitL members only.*)

1a2) A statement of contribution will be listed on the website quarterly with the General Services minutes that cites all contributions to the RitL fellowship.

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2) Discussion of Possible Expenses: (Tabled)

2a) Conference Call Costs - None. Thanks Dan for suggestion of freeconferencecall.com

2b) Medallions and Chips: Prior costs are absorbed by membership contribution.

More information: Suggestion of continued discussion in the future regarding costs for printing our own medallions or perhaps finding a suitable medallion already produced. Fet Life Discussion here:

http://fetlife.com/groups/929/group_posts/2024264

Note: Thank you Mistress Stormy found the cost of making our own medallions and listed it in that discussion

2c) Flyers: Prior costs are absorbed by membership contribution. At present we have approximately 2000 flyers remaining for distribution. S/H costs absorbed by membership contribution.

2d) Patches: Prior costs are absorbed by membership contribution. At present we have approximately 10 patches available for sale, at our cost - \$10. S/H costs absorbed by membership contribution.

3) Creation of a Conference or Event for RitL: (Tabled)

3a) Who, what, where, when, how?

More information: Discussion was tabled to allow members to return to their groups and look into & discuss options. This is to allow for more concrete discussions of options regarding it at next GSCR meeting.

4) Wording of Literature: (Approved Unanimously – with notes*)

4a) Re-wording of Step 1:

Presently reads: *"We admitted we were powerless in our recovery - that our lives had become unmanageable."*

Change word "recovery" to "addictions" – so the step will read: *"We admitted we were powerless in our addictions - that our lives had become unmanageable."*

* *More information:* Motion passed under the assumption that AAWS office would be notified and still approve of our fellowship using the 12-steps as AAWS approved.

4b) Fellowship Abbreviation: (Approved – with notes*)

AAWS refers to our fellowship as "RL" – In 2009 business, we voted to refer to it as "RitL" – though some members refer to it as "RiL"

* *More information:* Motion passed under the assumption that AAWS office would be notified and still approve of our fellowship using the RitL abbreviation instead of RL.

5) Additional Business:

5a) Book/Literature: Mags suggested working on a book. Aarkey noted that the fellowship was already setup to receive story contributions from its membership as a preceding step for this process. No stories have yet been submitted. GSCRs were encouraged to inform their membership about the need for stories.

6) Future Meeting:

6a) Next General Services Conference Call Meeting scheduled: April 28th, 2012 @ 2PM EST